

2025

AVCA Thirty Under 30 High School



Jeremy Mitchell
Mill Creek High School
Varsity Head Coach

Career Accomplishments to Date:

- 5 state playoff appearances (2020-2024)
- Region runner-up in 2020 and 2024

Coaching Roles:

- 2019-2022: Duluth High School, JV Head Coach & Varsity Assistant
- 2023: Duluth High School, Varsity Head Coach
- 2024: Mill Creek High School, Varsity Assistant Coach

What made you decide to get into coaching volleyball?

I won a club national championship playing volleyball for the University of Georgia's Men's Club team and was also a manager for the University of Georgia Women's team for 3 years. With this playing and managing experience coupled with my passion for working with kids, coaching was a no brainer. The gym is my sanctuary and sharing my knowledge with hungry athletes and watching them improve and accomplish their goals is the most rewarding thing in the world to me.

What are your career goals in the sport?

My "distant" goal is to eventually coach in college. My goals for the near future are to win a state championship and to continue to have players continue their playing careers in college.



Which coaches have influenced you the most?

The coaches that have influenced me the most are Troy University's Josh Lauer and Brian Muesenfechter. They were both coaches at Georgia when I was a manager for the team and I love how they approach coaching. They make sure their players know how much they love them before getting into the grit of the season, which makes it a lot easier to have tough conversations when your team knows that it's because you care so deeply about them and their success.

What do you enjoy most about your coaching job?

The best thing about coaching is the lasting impact you have on the players. My favorite thing in the whole world is when a former player comes back to visit or reaches out just to check in on you.