

# 2025

## AVCA Thirty Under 30 High School



### **Liam Meachem**

Bethlehem High School  
Boys Volleyball Program Assistant  
&  
Sporting Albany Volleyball Club  
Assistant Director

#### **Career Accomplishments to Date:**

- Bethlehem High School
  - 96-32 Overall Record in four seasons
  - Two Sectional Finals appearances in 2022 and 2023
  - League Co-Champs in 2023.

#### **Coaching Roles:**

- Bethlehem High School Boys Program Assistant, 2021-Current
- Sporting Albany Volleyball Club Coach 2018-Current
- Sporting Albany Volleyball Club Assistant Director 2023-Current

#### **What made you decide to get into coaching volleyball?**

What made me decide to coach volleyball was the influence of my Dad. He was a coach, and from a young age, I was always in the gym watching practices, games, and how he connected with players. Being around that environment early on made a big impact on me, and I knew pretty quickly that coaching was something I wanted to be a part of too.

### **What are your career goals in the sport?**

My goals in volleyball are to help grow the sport and make it accessible and impactful for as many athletes as possible. I see volleyball as a powerful tool to teach important life lessons like work ethic, accountability, and the value of working together toward a common goal. My hope is to help players not only become better athletes, but develop lifelong skills and habits they can carry with them after their playing career is over.



### **Which coaches have influenced you the most?**

The coach who influenced me the most is definitely my Dad. His approach, values, and philosophy shaped the foundation of how I see the game and what it means to be a coach. Beyond that, I've been lucky to have been coached by so many great coaches throughout my playing career, each of whom added something to my now coaching style. The coaches I've worked alongside in both school and club ball these past couple of years have also played a big role in shaping the way I coach today and help continue to make me a better coach.

### **What do you enjoy most about your coaching job?**

What I enjoy most about coaching is seeing players grow, not just in their skills, but in their confidence and feel for the game. I really value the relationships that come out of it and the chance to work with other coaches to figure out how all the pieces fit. There's something rewarding about that process of helping each player find their role and building a team that can come together and perform at its best.