

2025 AVCA Thirty Under 30 College



Jonathan Amaral
Richard Bland College
Head Coach Indoor/Beach

Career Accomplishments to Date:

- 2025 Region 10 Beach Volleyball Champions RBC
- 2023 NFHS State Coach of the Year
- 2023 Peninsula Sports Club VHSL Coach of the year
- 2022 Class 3 State Coach of the Year - York High School
- 2022 Class 3 State Champions - York High School
- 2022 3A Region Champion - York High School
- 2022 3A Region Coach of the Year - York High School
- 2021 3A Regional Runner Up - York High School
- 2021 Class 3 Final Four - York High School
- 2020 4A Region Champion - Denbigh High
- 2020 4A Region Coach of the Year - Denbigh High

Coaching Roles:

- Head Coach - Richard Bland College Indoor/Beach March 2025 - Present
- Assistant Volleyball Coach - Virginia Union University April 2024- March 2025
- Head Coach- York High School - 2021- April 2024
- Head Coach - Denbigh High School - June 2017-2021



What made you decide to get into coaching volleyball?

I got into coaching to give back to the game of volleyball and I have a desire to see the athletes that I coach to do well on the volleyball court and in life. I not only want to help them get better on the court, but I want to help them be successful in life. Volleyball has also brought me so much joy and introduced me to so many wonderful people. I also love the opportunity it has given me to share that joy with the players that I am privileged to lead every day.

What are your career goals in the sport?

To help any individual that I cross paths with on or off the court to get better and learn the game of volleyball. My main goal is to lead Richard Bland to a national championship for indoor and Beach.

Winning the Region Title last week felt great. But I want to bring home a national title to Richard Bland College! Maybe one day possibly coaching at the division 1 level.

Which coaches have influenced you the most?

Linda and Andy Pai from Warner University. They took me under their wing when I first got into coaching, and I couldn't be more thankful to have learned a ton from them. Karissa Cumberbatch, Virginia Wesleyan Head Coach. She has given me much needed guidance during my start as a collegiate coach.

Alex Gonazlez from Denbigh High School. He is the first coach I had the honor of working with. He gave me my first coaching start and believed that I would make a great coach one day.



What do you enjoy most about your coaching job?

I enjoy getting to spend time with my athletes and watching them grow. Winning is nice but I really love when I have not only helped them develop into a hard-working athlete, but also into someone who will make a positive impact on society with great life skills and a good work ethic. I am the type of coach that even after an athlete moves on from my program, they understand that I am always going to be there to support them.

